

The Old Forge - Thursford - Sample Menu - November 2010

TWO COURSES £16.50 THREE COURSES £21.50.

SET MENU

Brussels Pate or Lobster Soup

Baked loin of cod with a white wine and mushroom sauce or steak, a French cut with a pepper sauce

Choice of desserts

Or choose from our A La Carte Menu

A LA CARTE MENU

Half a baked avocado filled with crab meat baked in the oven with cheese sauce

£6.50

Half a dozen oysters from the new Blakeney Oyster Beds

£7.50

Dressed Cromer Crab

£6.75

Sizzling Tiger Prawns the Spanish Way

£6.95

Hot Crayfish Tails in Garlic Butter

£6.75

Scallops sauteed in garlic butter

£8.75

Grilled sardines

£6.95

Mediterranean Crevettes in garlic and parsley butter

£7.50

Baked Crab Au Gratin **£7.50**

New Zealand mussels mariniere

£6.95

Home Made fish soup

£6.50

Seafood h'ors d'oeuvres

£7.50

MAIN COURSES

A pan of mediterranean crevettes and scallops sauteed in garlic and parsley butter

£14.50

A pan of sardines served with lemon and parsley butter

£9.50

Grilled Dover Sole - price depends on size of Sole

£ (please ask)

Whole sea bass filleted and served with garlic and parsley butter

£14.50

Grilled marinated swordfish cooked the Sicilian way

£12.50

Poached salmon in a cream and mustard sauce

£12.50

Monkfish with a provencale sauce

£14.50

Roasted cod topped with melted potted shrimps

£12.50

A fillet of sea bream cooked in a creamy benedictine sauce or baked with rosemary and white wine

£16.50

A melody of lobster, salmon and sea bass in a creamy lobster sauce

£21.50

Roasted monkfish stuffed with prawns and anchovies served with a brandy mayonnaise
£18.50

SPECIALS

Fruits de mer - Seafood Platter consisting of local lobster, crab, mussels, oysters, clams and much more
£30.00

A sautee of lobster, prawns, scallops and mussels in garlic and parsley butter 28.95 Seafood Casserole
£28.95

Lobster baked in it's own juices, flavoured with pernod and topped with mozzarella cheese
Half £15.00 - Whole £28.50

A Zarzuela of fish - white fish and shellfish cooked in white wine, cream and tomatoes
£21.00

A half of whole lobster grilled in garlic and parsley butter or cold with mayonnaise
Half £15.00 - Whole £28.50

A large bowl of New Zealand mussels marinere
£12.95

Scallops in cream and sherry - the Cadiz way
£16.50

Lobsters, mussels, crab, oysters and many other fish are locally sourced from our fisherman in Blakeney and all vegetables and potatoes are from our local farmer's farm shop. All prices include fresh local vegetables and potatoes